

TELEOS BREAKFAST SEPTEMBER



Sept 1st-3rd Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
CLASSICS			Bean & Cheese Burrito	Fruit Loops or Cinnamon Toast Crunch	Egg & Cheese Breakfast Sandwich
FRUIT AND YOGURT			Asst Yogurts	Asst Yogurts	Asst Yogurts
BREADS			Asst Danishes	Asst Danishes	Asst Danishes
DRINKS			Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box
Sept 6th-10th Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
CLASSICS	Trix or Cocoa Puff Cereal Bar	Scrambled Eggs w/ Turkey Sausage Patty	Cinnamon Toast Crunch or Frosted Flakes	Biscuits & Turkey Gravy	Cheerios or Cinnamon Toast Cereal Bar
FRUIT AND YOGURT	Asst Yogurts	Asst Yogurts	Asst Yogurts	Asst Yogurts	Asst Yogurts
BREADS	Asst Danishes	Honey Butter Croissant	Asst Danishes	Asst Danishes	Asst Danishes
DRINKS	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box
Sept 13th-17th Brkfst	Monday	Tuesday	Wednesday	Thursday	Friday
CLASSICS	Egg & Pork Sausage Burrito	Frosted Flakes or Frosted Mini Wheat's	French Toast & Turkey Sausage	Trix or Cinnamon Toast Crunch	Turkey & Cheese Quesadillas
FRUIT AND YOGURT	Asst Yogurts	Asst Yogurts	Asst Yogurts	Asst Yogurts	Asst Yogurts
BREADS	Asst Danishes	Asst Danishes	Asst Danishes	Asst Danishes	Asst Danishes
DRINKS	Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box
Sept 20th-24th Brkfst	Monday	Tuesday	Wednesday	Thursday	Friday
CLASSICS	Trix or Frosted Mini Wheat's	Potato, Egg, & Cheese Burrito	Honey Nut Cheerios or Kix	Breakfast Sandwich	Trix or Kix
FRUIT AND YOGURT	Asst Yogurts	Asst Yogurts	Asst Yogurts	Asst Yogurts	Asst Yogurts
BREADS	Asst Danishes	Asst Danishes	Asst Danishes	Asst Danishes	Asst Danishes
DRINKS	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box
Sept 27th-Oct	Monday	Tuesday	Wednesday	Thursday	Friday
CLASSICS	Scrambled Eggs and Turkey Sausage	Cocoa Puffs or Cheerios Cereal Bar	Pancakes and Scrambled Eggs	Fruit Loops or Cinnamon Toast Crunch	Oatmeal and Turkey Sausage Patty
FRUIT AND YOGURT	Asst Yogurts	Asst Yogurts	Asst Yogurts	Asst Yogurts	Asst Yogurts
BREADS	Asst Danishes	Asst Danishes	Asst Danishes	Asst Danishes	Asst Danishes
DRINKS	Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box	Reduced Fat White or 100% Juice Box	Fat Free Choc/1% Strawberry or 100% Juice box

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